

# **Stephen B. Lewis, M.D., F.A.C.P., C.D.E.**

Endocrinology/Metabolism/Diabetes & Obesity

Welcome!

We are delighted to welcome you to our practice and are pleased that you chose us to serve your healthcare needs. I have put together this packet to help make the transition easier.

Please arrive to your appointment 15 minutes prior to your scheduled appointment time. You will need to bring your current insurance cards; you will not be seen without them. You will be required to take a photo on your first visit for identification purposes. Copays are due at each appointment; they will be collected before any service is provided. Please bring ALL medications you are taking along with any previous labs or other pertinent medical information. I have included a release of medical records form that you may send to any previous providers, if needed.

You may fax or email this packet prior to your appointment. If fax and email are unavailable please bring this completed packet with you to your first appointment.

We are looking forward to a long partnership with you. I realize this is a lot of paperwork and it may be overwhelming if you should have any questions please don't hesitate to call.

Sincerely,

Stephen B. Lewis MD

2425 East St. Suite 15  
Concord, CA 94520  
(925)682-9232  
Fax: (925)676-2198  
Ashlie@docstephenlewis.com

## REGISTRATION FORM

Today's Date:				PCP:				
<b>PATIENT INFORMATION</b>								
Patient's Name(last, first):				Marital status (circle one):    Single    Married    Divorced    Widowed				
Is this your legal name? Yes    No		If not, what is your legal name?		Former/ Maiden name:		Birth date:	Age:	Sex:
Address:								
Social Security no.:			Home phone no.:			Cell phone no.:		
Occupation:			Employer:			Work phone no.:		
Chose clinic because/referred to clinic by :								
Other family members seen here: [Other patients]								
<b>INSURANCE INFORMATION</b>								
(Please give your insurance card to the receptionist.)								
Please indicate primary insurance:								
Subscriber's name:		Subscriber's Date of Birth:		Subscriber #	Group Name:		Group #	
Patient's relationship to subscriber:								
Name of secondary insurance (if applicable):				Subscriber's name:		Subscriber #	Group #	
Patient's relationship to subscriber:								
<b>IN CASE OF EMERGENCY</b>								
Person to contact in an emergency:				Relationship to patient:		Home phone no.:	Work phone no.:	
The above information is true to the best of my knowledge. I authorize my insurance benefits be paid directly to the physician. I understand that I am financially responsible for any balance. I also authorize Stephen B. Lewis MD Inc. or insurance company to release any information required to process my claims.								
Patient/Guardian signature						Date		

## Patient Financial Responsibility

As a courtesy we will bill your insurance for all medical fees. However you are responsible to pay for any amount not covered by your insurance provider. It is important to remember that your insurance is a contract between you and your insurer.

As a patient, it is in your best interest to know if Dr. Stephen Lewis is considered an in-network physician with your insurance plan, and to understand your insurance plan benefits and your responsibility for any deductibles, co-insurance, or co-payment amounts prior to any visit. Your insurance company's customer service representative can help verify your benefits and out-of-pocket costs.

Policies and coverage determination vary from year to year and with some insurance companies it may even vary month to month.

If Dr. Stephen Lewis is listed as an out of network provider with your insurance plan, we are still happy to provide you services. If your policy has out-of-network benefits, your insurance plan may still cover the service provided to you. However, you may be responsible to pay a higher out-of-pocket amount.

If Dr. Stephen Lewis is not contracted with your insurance plan we will be happy to see you as a Self Pay patient. In this circumstance we will not bill your insurance company at all. We will charge you a flat rate price for service provided in our office.

### **Non Cancellation Policy**

If you do not call us BEFORE your scheduled appointment time you will be charged a \$25 fee that is not covered by your insurance. This fee must be paid before your next appointment.

I have read and understand all the above information and agree to the policy as listed above.

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Print Name

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Signature

Date

Date:

# HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Name (Last, First, M.I.):

## PERSONAL HEALTH HISTORY

Childhood illness:  Measles  Mumps  Rubella  Chickenpox  Rheumatic Fever  Polio

Immunizations and dates:

Tetanus

Pneumonia

Hepatitis

Chickenpox

Influenza

MMR *Measles, Mumps, Rubella*

List any medical problems that other doctors have diagnosed

## Surgeries

Year	Reason	Hospital

## Other hospitalizations

Year	Reason	Hospital

Have you ever had a blood transfusion?

Yes

No

Please turn to next page

**List your prescribed drugs and over-the-counter drugs, such as vitamins and inhalers**

Name the Drug	Strength	Frequency Taken

**Allergies to medications**

Name the Drug	Reaction You Had

**HEALTH HABITS AND PERSONAL SAFETY**

ALL QUESTIONS CONTAINED IN THIS QUESTIONNAIRE WILL BE KEPT STRICTLY CONFIDENTIAL.

<b>Exercise</b>	<input type="checkbox"/> Sedentary (No exercise)		
	<input type="checkbox"/> Mild exercise (i.e., climb stairs, walk 3 blocks, golf)		
	<input type="checkbox"/> Occasional vigorous exercise (i.e., work or recreation, less than 4x/week for 30 min.)		
	<input type="checkbox"/> Regular vigorous exercise (i.e., work or recreation 4x/week for 30 minutes)		
<b>Diet</b>	Are you dieting?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If yes, are you on a physician prescribed medical diet?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	# of meals you eat in an average day?		
	Rank salt intake	<input type="checkbox"/> Hi	<input type="checkbox"/> Med <input type="checkbox"/> Low
	Rank fat intake	<input type="checkbox"/> Hi	<input type="checkbox"/> Med <input type="checkbox"/> Low
<b>Caffeine</b>	<input type="checkbox"/> None	<input type="checkbox"/> Coffee	<input type="checkbox"/> Tea <input type="checkbox"/> Cola
	# of cups/cans per day?		
<b>Alcohol</b>	Do you drink alcohol?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If yes, what kind?		
	How many drinks per week?		
	Are you concerned about the amount you drink?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Have you considered stopping?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Have you ever experienced blackouts?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Are you prone to "binge" drinking?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you drive after drinking?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Tobacco</b>	Do you use tobacco?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	<input type="checkbox"/> Cigarettes – pks./day	<input type="checkbox"/> Chew - #/day	<input type="checkbox"/> Pipe - #/day <input type="checkbox"/> Cigars - #/day
	<input type="checkbox"/> # of years	<input type="checkbox"/> Or year quit	
<b>Drugs</b>	Do you currently use recreational or street drugs?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Have you ever given yourself street drugs with a needle?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

<b>Sex</b>	Are you sexually active?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If yes, are you trying for a pregnancy?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	If not trying for a pregnancy list contraceptive or barrier method used:		
	Any discomfort with intercourse?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Is sex entirely satisfactory?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Illness related to the Human Immunodeficiency Virus (HIV), such as AIDS, has become a major public health problem. Risk factors for this illness include intravenous drug use and unprotected sexual intercourse. Would you like to speak with your provider about your risk of this illness?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Personal Safety</b>	Do you live alone?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have frequent falls?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have vision or hearing loss?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Do you have an Advance Directive or Living Will?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Would you like information on the preparation of these?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Physical and/or mental abuse have also become major public health issues in this country. This often takes the form of verbally threatening behavior or actual physical or sexual abuse. Would you like to discuss this issue with your provider?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**FAMILY HEALTH HISTORY**

	AGE	SIGNIFICANT HEALTH PROBLEMS		AGE	SIGNIFICANT HEALTH PROBLEMS
<b>Father</b>			<b>Children</b>	<input type="checkbox"/> M <input type="checkbox"/> F	
<b>Mother</b>				<input type="checkbox"/> M <input type="checkbox"/> F	
<b>Sibling</b>	<input type="checkbox"/> M <input type="checkbox"/> F			<input type="checkbox"/> M <input type="checkbox"/> F	
	<input type="checkbox"/> M <input type="checkbox"/> F		<input type="checkbox"/> M <input type="checkbox"/> F		
	<input type="checkbox"/> M <input type="checkbox"/> F		<b>Grandmother</b> <i>Maternal</i>		
	<input type="checkbox"/> M <input type="checkbox"/> F		<b>Grandfather</b> <i>Maternal</i>		
	<input type="checkbox"/> M <input type="checkbox"/> F		<b>Grandmother</b> <i>Paternal</i>		
	<input type="checkbox"/> M <input type="checkbox"/> F		<b>Grandfather</b> <i>Paternal</i>		

**MENTAL HEALTH**

Is stress a major problem for you?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you feel depressed?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you panic when stressed?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have problems with eating or your appetite?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you cry frequently?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever attempted suicide?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever seriously thought about hurting yourself?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have trouble sleeping?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever been to a counselor?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**WOMEN ONLY**

Age at onset of menstruation:		
Date of last menstruation:		
Period every ____ days		
Heavy periods, irregularity, spotting, pain, or discharge?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Number of pregnancies ____ Number of live births ____		
Are you pregnant or breastfeeding?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had a D&C, hysterectomy, or Cesarean?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any urinary tract, bladder, or kidney infections within the last year?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any blood in your urine?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any problems with control of urination?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any hot flashes or sweating at night?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have menstrual tension, pain, bloating, irritability, or other symptoms at or around time of period?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Experienced any recent breast tenderness, lumps, or nipple discharge?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Date of last pap and rectal exam?		

**MEN ONLY**

Do you usually get up to urinate during the night?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
If yes, # of times ____		
Do you feel pain or burning with urination?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any blood in your urine?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you feel burning discharge from penis?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Has the force of your urination decreased?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had any kidney, bladder, or prostate infections within the last 12 months?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do you have any problems emptying your bladder completely?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any difficulty with erection or ejaculation?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Any testicle pain or swelling?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Date of last prostate and rectal exam?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**OTHER PROBLEMS**

Check if you have, or have had, any symptoms in the following areas to a significant degree and briefly explain.

<input type="checkbox"/> Skin	<input type="checkbox"/> Chest/Heart	<input type="checkbox"/> Recent changes in:
<input type="checkbox"/> Head/Neck	<input type="checkbox"/> Back	<input type="checkbox"/> Weight
<input type="checkbox"/> Ears	<input type="checkbox"/> Intestinal	<input type="checkbox"/> Energy level
<input type="checkbox"/> Nose	<input type="checkbox"/> Bladder	<input type="checkbox"/> Ability to sleep
<input type="checkbox"/> Throat	<input type="checkbox"/> Bowel	<input type="checkbox"/> Other pain/discomfort:
<input type="checkbox"/> Lungs	<input type="checkbox"/> Circulation	

**CONSENT FOR USE OF PROTECTED HEALTH INFORMATION FOR  
IN-OFFICE TREATMENT, PAYMENT, AND OPERATIONS**

I consent to the use of my Protected Health Information for treatment, payment for treatment, and Dr. Lewis's health care operations for myself or for the patient for whom I am the parent or legally authorized representative. I understand that Stephen B. Lewis MD Inc. will share patient protected health information according to the federal and state law for treatment, payment, and operations, as well as in accordance with its Notice of Privacy Practices.

I understand that I am responsible for all charges incurred, regardless of my insurance status. I agree that I must pay for services as I incur the charges. I authorize Stephen B. Lewis MD Inc. to provide necessary information to my insurance carrier or other payer for payment purposes, and I authorize my insurance company/payer to pay Stephen B. Lewis MD Inc. for services filed on my behalf. This assignment remains effective until I revoke it in writing.

Signature of Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name of Patient: \_\_\_\_\_ DOB: \_\_\_\_\_

\*Signature of Legal Representative: \_\_\_\_\_

Printed Name of Legal Representative: \_\_\_\_\_

\*May be requested to show proof of representative status.

# Request for Release of Medical Records

Physician Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

I hereby authorize and request that my medical records be release to:

Stephen B. Lewis MD

2425 East St #13

Concord, CA 94520

(925)682-9232 Fax: (925)676-2198

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

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Patient Signature

Date